



825060 - Maple Lime Syrup

Source: K12 Culinary

Number of Portions: 25

Size of Portion: 1/4 cup

Components:

Meat/Alt:

Grains:

Fruit:

Vegetable:

Milk:

Recipe Subgroups:

Attributes:

Condiments

HACCP Process: No HACCP Process

Ingredients	Measures	Instructions
019129 SYRUPS, TABLE BLENDS, PANCAKE.... 009161 LIME JUC, CND OR BTLD, UNSWTND....	1 qt + 1 cup 1 1/4 cups	Combine pancake syrup and lime juice in a bowl and whisk until blended. For quality, store in refrigerator until needed.
		Fill gallon container with syrup. Insert condiment pump and fill 2oz. cups with 1/4 cup of syrup mixture. Serve with chicken and waffles.

*Nutrients are based upon 1 Portion Size (1/4 cup)

Calories	150 kcal	Cholesterol	0 mg	Sugars	13.7 g	Calcium	3.36 mg	0.17%	Calories from Total Fat
Total Fat	0.03 g	Sodium	53 mg	Protein	0.03 g	Iron	0.05 mg	0.02%	Calories from Saturated Fat
Saturated Fat	0.00 g	Carbohydrates	39.43 g	Vitamin A	2.0 IU	Water ¹	35.23 g	*0.00%*	Calories from Trans Fat
Trans Fat ²	*0.00* g	Dietary Fiber	0.05 g	Vitamin C	0.8 mg	Ash ¹	0.16 g	105.46%	Calories from Carbohydrates
								0.08%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.